

### June 2021



## A Message From Our President

"With the new day comes new strength and new thoughts" Eleanor Roosevelt

This past year we have heard medical experts say there is a light at the end of the tunnel! No one is saying the pandemic is over yet but I think we have reached the end of the tunnel and are in the light! We all feel freer to live our lives and venture out into the community to do activities we have missed. It is the new normal, we are cautious but we are vaccinated with our mask in our back pocket.

We know our club members are anxious to gather together in-person so we are planning a Picnic in the Park at Hedden Park on June 13<sup>th</sup> and an Ice Cream social at Barbara McCloskey's home on July 13<sup>th</sup>. Then you can also join us at the Tea Party fundraiser outside at Lin Zrike's home on August 29<sup>th</sup>. We expect the September meetings to be in-person at the same locations; evening meeting at the Community Methodist Church and day meeting at the American Legion.

As the summer continues, watch for other opportunities to stay active in your club. The Gold & Silver Jewelry BuyBack fundraiser is scheduled June  $22-26^{th}$  and mark your calendar for the Walk the Walk fundraiser September  $18^{th}-25^{th}$ .

### **Calendar of Events**

- June 7<sup>th</sup> Monday 7:00 PM (see page 15) Ann's Zoom Book Club (rescheduled)
- June 9<sup>th</sup> Wednesday TBA

  Highlands District Council Meeting
- June 13<sup>th</sup> Sunday 12- 2 PM Picnic in the Park-pg 13 Hedden County Park, Reservoir Ave, Randolph, NJ
- June 17<sup>th</sup> Thursday 2:00 PM (see page 15) Lin's Day Book Club
- •June 22<sup>nd</sup>-26<sup>th</sup> -Tuesday to Saturday
  Gold and Silver Jewelry Buy Back Event
  @ Bilori Jewelers in Denville
- August 1<sup>st</sup>-3<sup>rd</sup> Sunday-Tuesday (see page 10) NJSFWC 2021 SUMMER CONFERENCE
- August 18<sup>th</sup> Wednesday (Lobster Shanty)
   Summer Luncheon and Basket Auction
   Benefit for NJSFWC Headquarters
- August 29<sup>th</sup> Sunday 2-4 PM
   Garden Tea Party Fundraiser-Lin Zrike's House
- Sept. 13<sup>TH</sup> -Monday 6:30 P.M. -American Legion Woman's Club Evening Meeting
- Sept. 14<sup>TH</sup> -Tuesday 1:00 P.M. -Methodist Church Woman's Club Day Meeting
- Sept. 18<sup>th</sup> 25<sup>th</sup> -Saturday to Saturday Lin's 2<sup>nd</sup> Annual Walk-a-Thon

Please plan on attending club events to see your friends. Talk to your friends and ask them to join you. We look forward to a new day!

Yours in federation friendship, Janet Walker



Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 1 of 20



## June 2021

## **May Events**

# May 10<sup>th</sup> - Monday- 6:30 PM - Woman's Club Zoom Meeting



Once again our President Janet Walker led us through a meeting highlighting the achievements we have accomplished in the last month as well as looking forward to other projects to accomplish. This is some of the accounts covered (the Minutes covering the whole meeting). Janet extended a thank you to the members who assembled 27 purses for JBWS and those members who donated to the Roots and Wings' Drop-off at Denville library. Janet gave Susan Kleczynski's credit for our members receiving awards at both the district level and state level through her submission of meticulously organized project

reports to the highlands district and NJSFWC. However we cannot dismiss the dedication of members, their deserving these awards. Nancy noted she received a number of notes from various officials of NJSFWC congratulating our club on receiving these awards. Nancy further notified us the Highlands District Zoom meeting will take place on June 9 -Wednesday, time to still be noted, as well as the in person NJSFWC conference at Tropicana in Atlantic City. There and only there can we witness Nancy do an update of the Highland District clubs events in the most original way.

Let's not forget our treasurer Karen Lazur who presented the Proposed 2021-2022 Budget, recommended by the Executive Board, which was unanimously passed by the members.

We thank Patti Matton and the Fundraising Chairs for creating the fundraisers in the coming months: Buy back Gold and Silver at Denville Bilori Jewelers (June 22-26) Lin's Tea Party (August 29<sup>th</sup>- 2to 4 pm-inside as well as outside. Lin Zrike needs a committee of volunteers to help in the Tea Party Fundraiser), a 2nd annual Lin's Walk-a-thon (September 18-25) & Roseanne's Fall TerriLynn Fundraiser.

Nancy Fitch and Janet Ball reported on the High School Scholarships. The theme of this year's submitted essay is "How has volunteer work impacted your life". These High School students need so many hours of volunteer work to graduate. Nancy Fitch received 6 applications from Morris Hills H.S and Janet Ball received 18 applications from Morris Knolls H.S. Members will be assisting in selecting the recipients.

Gift Certificates will be awarded to the middle school recipients of Copeland and Jefferson in Rockaway (Patti Manton) and Valleyview in Denville (Janet Walker) And once again the Club will award two scholarships to women returning to pursue a career in healthcare enrolled in the LPN program at The Morris County School of Technology. Scholarships will be presented at the July graduation.

The Book for Babies collection continued at the libraries until May 31<sup>st</sup>, board books requested.

Mary McAleer brought to our attention a website, Arbor Day Foundation as an option for our Club to have a tree planted as a conservation project in the future, *shop.arborday.org*.

Susan Kleczynski planned a Club social, an in-person Picnic in Hedden Park, (Enter Randolph side). Sunday, June 13th. 12 to 2 pm. (June 27th rain date). RSVP is required.

We talked about new business, events which will be listed in calendar of events and other areas.

Janet contacted Susan Schmidt, founder of Denville's Ayres/ Knuth Farm Foundation

https://www.ayresknuth.org/ hoping Susan Schmidt can be a future speaker, for our club, on the renovation of this Denville Historical Site.

Maybe, in September, at our next meetings, we will be able to meet in person.

The link below is or was the link. I find I get recording does not exist. I will leave it.

https://us02web.zoom.us/rec/share/qUatK7jRRFGotGQ41N392S3Fr5KwYyVAUZHxmc4EOOJsw99CWaN94bvurchssXHY.Ylbh6zlmut5hRVSg Passcode: hGm\$ahh1 Ruth Gimbel



Newsletter Editor, Ruth Gimbel; email: rgbutterfly777@gmail.com Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 2 of 20



### June 2021

May 24<sup>th</sup> - Monday- 7:00 PM —
Our Woman's Club May Presentation- Lyme Disease
Speaker: Jennifer Hoffmann of Project Lyme https://projectlyme.org/



Jennifer Hoffmann, Project Manager of the non-profit organization Project Lyme, gave us a remarkably interesting and informative presentation on Lyme Disease, a growing more rampant disease worldwide. I was amazed to learn facts about Lyme disease by Jennifer Hoffmann's dispelling of lots of myths about Lyme disease or as Jennifer put it myth busting. Jennifer pointed out that deer are not the only carriers of tick borne Lyme disease. Actually birds, mice and squirrels could be carriers of the tick, enabling one to contract Lyme

disease in ones own fenced in backyard. The potential of contracting Lyme disease is everywhere in the world (except in Antarctic) and year round, as long as locations have temperatures above freezing. Lyme disease is hard to diagnose, the usual Western Blot not always accurate. And though a patient would be treated with antibiotics the Lyme disease could survive in the patients body evolving into a late stage chronic disease. Also not all who contract Lyme disease exhibit the classic bullseye rash symptom.

These are a few of the points Jennifer covered in her extensive presentation. And a few more pointers Jennifer covered, among many others are as follows.

Jennifer pointed out the varying symptoms of both early stage and late stage Lyme disease. Jennifer further explained how, as the Lyme bacteria remains in the body over a long period of time, the bacteria, spreading throughout the body, starts to effect different organs. Lyme Disease is a multi-systemic infection because it can affect many different organs. Symptoms vary greatly from individual to individual. Sadly, Jennifer pointed out how Lyme disease could mimic other diseases leading to misdiagnoses. There are no cures, as well, presently for Chronic Lyme Disease, just a hope of remission, Jennifer informed us.

The non-for profit organization, Project Lyme, is involved in raising money for research into a cure for Lyme disease. Also Project Lyme is striving to pass legislation so that patients, inflicted with Lyme disease, will be able to seek treatment covered by insurance. Project Lyme compiles resources for patients and medical professionals alike to help them determine their best testing and treatment options. As the organization Project Lyme is involved in the Science and Research in Lyme disease, Generation Lyme (a program of Project Lyme, which Jennifer is on it's board) is involved in the psychological support of those patients facing the challenges of living with the disease, through organizing meet-ups.

Jennifer went over precautionary measures to take to prevent contracting Lyme disease. You can review the recording of Jennifer's whole presentation from the following link.

https://us02web.zoom.us/rec/share/k6K-CLb0v5kI-tNt3xY1q7hct00S0xJlktwspB1-5yyHkSsQHN7j-

RttP9Y5VAc6.sHy2qk-Zi6RhGdi5 Passcode: 8D?GmSK= Visit Project Lyme website. https://projectlyme.org and

Generation Lyme <a href="https://projectlyme.org/generation-lyme">https://projectlyme.org/generation-lyme</a>

Thank you to both Jennifer Hoffmann for her wonderful presentation and to Susan Kleczynski for her perfect coordinating of this zoom event. Jennifer Hoffmann-jenn.hoffmann@gmail.com Ruth Gimbel.



Newsletter Editor, Ruth Gimbel; email: rgbutterily///@gmail.com
Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 3 of 20



### June 2021

Belly button & waistline

Back of your knees

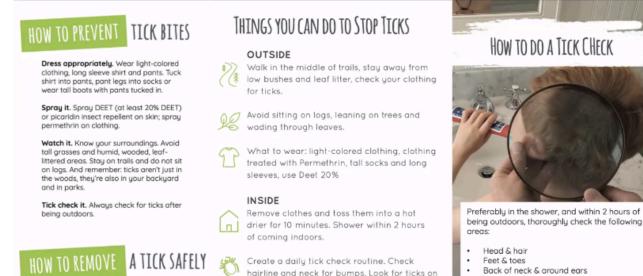
Side of bodu

Between legs & under arms

Groin area, and other tight places (like belt

area, watch strap, underneath hairline)



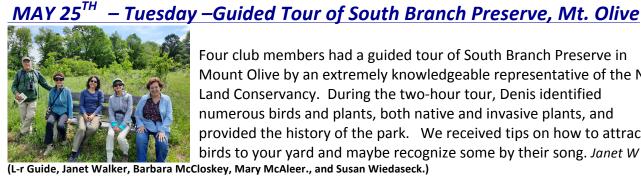


- 1. Use pointy tick removal tweezers 2. Disinfect with rubbing alcohol
- Grab tick close to skin and use slow, steadu motion to pull tick out
- Disinfect again
- 5. Consider testing the tick for infection

legs, knees, back and in all warm, damp areas

on your body like ears, armpits, and groin.

WWW.PROTECTLYME.ORG



Four club members had a guided tour of South Branch Preserve in Mount Olive by an extremely knowledgeable representative of the NJ Land Conservancy. During the two-hour tour, Denis identified numerous birds and plants, both native and invasive plants, and provided the history of the park. We received tips on how to attract birds to your yard and maybe recognize some by their song. Janet W

MAY 20<sup>TH</sup> - Thursday-2:00 PM -Lin Zrike's Day Book Club Lin Zrike's Book Club meeting was on Lin's deck, discussing the book "Jimmy the Kid" by Donald E. Westlake Lin's next Day Book Club Discussion is Thursday - June 17<sup>th</sup> at 2:00 PM on Lin's deck. The book to be discussed is "Lost Roses" by Martha Hall Kelly.

**Blanche Baldwin Scholarship** Nancy Fitch & Janet Ball have reviewed the applications for the Scholarships. Winners from Morris Hills & Morris Knolls were chosen from 24 applicants. Many thanks to the committee of readers that helped determine the top choices: Pat Bomus, Ellen Duffin, Marge Dobbins and Gloria O'Connor. Winners will be announced in the July newsletter. Janet B.



The Club is a publication of the Woman's Club of the Denville-Rockaway Area, Highlands District c/o: GFWCdenrock@gmail.com President: Janet Walker, 973-625-4469; jwalker0018@optimum.net

Newsletter Editor, Ruth Gimbel; email: rgbutterfly777@gmail.com Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 4 of 20



### June 2021

#### June is

#### NATIONAL GUN VIOLENCE AWARENESS MONTH

https://wearorange.org/

Every day, more than 300 people are directly impacted by gun violence in the United States. Gun Violence Awareness month was created to draw attention to this tragic reality and demand lifesaving change.

## wear orange is june 4-6!



### Why orange?

Orange is the color that Hadiya Pendleton's friends wore in her honor when she was shot and killed in Chicago at the age of 15 — just one week after performing at President Obama's 2nd inaugural parade in 2013. After her death, they asked us to stand up, speak out, and Wear Orange to raise awareness about gun violence.



GFWC including our Club, has been involved in gun control legislation. Last GFWC Federation Day, April 24, 2020 GFWC asked all club members to participate in a legislative blitz. As noted in our April 2020 Newsletter, our President Janet Walker

asked us to write, email or arrange virtually to contact to our State Senators and Representatives to urge them to pass the 3D Printed Gun Safety Act (S. 181 and H.R. 3265) prohibiting the download of such gun specs.

**Sandy Hook Promise** is another organization working on legislation against gun violence - Sandy Hook Promise is a national nonprofit organization founded and led by several family members whose loved ones were killed at Sandy Hook Elementary School on December 14, 2012. <a href="https://www.sandyhookpromise.org/">https://www.sandyhookpromise.org/</a>



The Club is a publication of the Woman's Club of the Denville-Rockaway Area, Highlands District c/o: GFWCdenrock@gmail.com

President: Janet Walker, 973-625-4469; <a href="mailto:jwalker0018@optimum.net">jwalker0018@optimum.net</a>
Newsletter Editor, Ruth Gimbel; email: <a href="mailto:rgbutterfly777@gmail.com">rgbutterfly777@gmail.com</a>
Website: <a href="mailto:https://gfwcdenrock.wixsite.com/denville-rockaway">https://gfwcdenrock.wixsite.com/denville-rockaway</a>
Page 5 of 20



### June 2021

### June is (Continued)

#### NATIONAL PTSD AWARENESS MONTH

https://nationaldaycalendar.com/national-ptsd-awareness-month-june/



National PTSD Awareness Month is observed annually in June. The month is dedicated to raising awareness about the condition and how to access treatment. June 27th is also National PTSD Awareness Day.

According to the National Center for PTSD, between 7 and 8 percent of the population will experience Post Traumatic Stress Disorder (PTSD) during their lifetime.

Men, women, and children can experience PTSD as a result of trauma in their lives. Events due to combat, accidents, disasters, and abuse are just a few of the causes of PSTD. No matter the reason, PTSD is treatable, but not everyone seeks treatment. There are resources available to help diagnosis PTSD and get help. There is no shame in seeking assistance. HOW TO OBSERVE

If you or someone you know might be experiencing PTSD, visit these resources below, or seek professional care from a therapist who has experience treating PTSD.

- Veterans Crisis Info National Center for PTSD <a href="https://www.ptsd.va.gov/gethelp/crisis\_help.asp">https://www.ptsd.va.gov/gethelp/crisis\_help.asp</a>
- Find Therapist National Center for PTSD <a href="https://www.ptsd.va.gov/gethelp/find">https://www.ptsd.va.gov/gethelp/find</a> therapist.asp
- National Alliance on Mental Illness

https://www.nami.org/About-Mental-Illness/Mental-Health-Conditions/Posttraumatic-Stress-Disorder

Use #PTSDAwarenessMonth to share support, resources, and follow on social media. HISTORY

National PTSD Awareness Month is a campaign supported by the U.S. Department of Veteran Affairs.



Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 6 of 20



### June 2021

<u>June is (Continued)</u>
P.R.I.D.E Awareness Month June 28th PRIDE Day LGBTQIA

Excerpts from article.

#### HISTORY OF PRIDE MONTH

https://nationaltoday.com/pride-month-2021/



On a hot summer's night in New York on June 28, 1969, police raided the Stonewall Inn, a gay club in Greenwich Village, which resulted in bar patrons, staff, and neighborhood residents rioting onto Christopher Street outside. Among the many leaders of the riots was black, trans, bisexual woman, Marsha P. Johnson — leading the movement to continue over six days with protests and clashes. The message was clear; protestors demanded the establishment of places where LGBT+ people could go and be

open about their sexual orientation without fear of arrest.

Pride Month is largely credited as being started by bisexual activist, Brenda Howard. Known as, "The Mother of Pride," a year after the Stonewall Riots, Brenda organized Gay Pride Week and the Christopher Street Liberation Day Parade. This eventually morphed into what we now know as the New York City Pride March, and from where parades and marches across the world evolved. Bill Clinton was the first US President to officially recognize Pride Month in 1999 and 2000. Then, from 2009 to 2016, Barack Obama declared June LGBT Pride Awareness Month.

The Rainbow Flag -Harvey Milk asked a talented designer friend, Gilbert Baker, to design an all-encompassing symbol to take on San Francisco's Pride March in 1978. Sadly, Harvey Milk was assassinated along with Mayor, George Moscone, on November 23, 1978 in San Francisco City Hall.

(Harvey Bernard Milk (May 22, 1930 – November 27, 1978) was an American politician and the first openly gay elected official in the history of California)

(The 3 above articles on June Awareness month contributed by Ruth Gimbel)



Newsletter Editor, Ruth Gimbel; email: rgbutterfly///@gmail.com
Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 7 of 20



### June 2021

#### In June

excerpts from article

### Flag Day June 14th 2021 Monday

https://www.almanac.com/content/flag-day-celebration-american-flag



This annual holiday celebrates the history and symbolism of the American flag. What we know fondly as the "Stars and Stripes" was adopted by the Continental Congress as the official American flag on June 14, 1777, in the midst of the Revolutionary War. Colonial troops fought under many different flags with various symbols—rattlesnakes, pine trees, and eagles—and slogans—"Don't Tread on Me," "Liberty

or Death," and "Conquer or Die," to name a few.\_The Declaration of Independence made the adoption of an American flag necessary.

On the 14th of June, Congress made the following resolution: "The flag of the United States shall be thirteen stripes, alternate red and white, with a union of thirteen stars of white on a blue field ..."

## Juneteenth – June 19<sup>th</sup> 2021- Saturday

(article from Wikipedia)



Juneteenth (a blending of June and nineteenth) also known as Freedom Day, Jubilee Day, Liberation Day, and Emancipation Day[6] – is a holiday celebrating the emancipation of those who had been enslaved in the United States. Originating in Galveston, Texas, it is now celebrated annually on June 19throughout the United States, with varying official recognition. It is commemorated on the anniversary date

of June 19, 1865, the (last) date of the announcement, by Union Army general Gordon Granger, proclaiming freedom from slavery, in Texas.

President Abraham Lincoln's Emancipation Proclamation had officially outlawed slavery in Texas and the other states in rebellion against the Union almost two and a half years earlier. Enforcement of the Proclamation generally relied on the advance of Union troops. Texas being the most remote of the slave states had a low presence of Union troops as the American Civil War ended; thus enforcement there had been slow and inconsistent before Granger's announcement

The Juneteenth Flag, with a bursting star in the middle, is a symbolic representation of the end of slavery in the United States. The flag is the brainchild of activist Ben Haith, founder of the National Juneteenth Celebration Foundation (NJCF). Haith created the flag in 1997 with the help of collaborators, and Boston-based illustrator Lisa Jeanne Graf brought their vision to life.

www.cnn.com/2020/06/19/us/freedom-day-juneteenth-flag-meaning-trnd/index.html

Ruth Gimbel





June 2021

# GFWC FEDERATION NEWS CORNER

NJSFWC 125 years Highlands District NJSFWC of GFWC

Website Links www.gfwc.org www.njsfwc.org

NJSFWC 2021 CONVENTION - August 1<sup>st</sup> -3<sup>rd</sup> (see following page 10)

NJSFWC Summer Luncheon and Basket Auction to Benefit NJSFWC Headquarters fund

(Save the date- Wednesday, August 18<sup>th</sup> 2021 – Lobster Shanty)

FRIENDS OF THE CONVENTION – Will now be FRIENDS OF NJSFWC and will appear in

The NJSFWC TRIBUTE BOOK. With a \$5.00 donation your name will be listed in the TRIBUTE BOOK.

This is not just for members, but you can ask other friends and family members to support NJSFWC.

Save the date.



Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 9 of 20



### June 2021

#### **2021 NJSFWC SUMMER CONFERENCE AUGUST 1-3**

Registration information coming soon!

Come out and enjoy some fun and sun at the NJSFWC Summer Conference as we honor outstanding women from New Jersey, including our outstanding members. Come on Sunday and enjoy one of the many restaurants (reservations recommended), the Boardwalk, the beach or the Casino. On Monday enjoy hearing from the DVPs about the many accomplishments of your District (cheering recommended).

Come out and congratulate our Cecilia Gaines Holland winners, Jane Mackesy and Marie Sullivan (applause recommended). Honor our Women of Achievement awardees and hear their achievements (more applause recommended). Acknowledge our Honor Roll and Order of the Lily awardees (praise recommended).

And finally, we get to thank Mary Wolfe for her accomplishments as NJSFWC President-2018-2020. Looking forward to seeing "all of you" from head to toe.

#### Sunday, August 1, 2021

1pm—State Board, Past State Presidents, Convention Committee, Credentials Committee Luncheon, Mambo Room

2pm—Convention Committee Meeting, Credentials Committee Meeting

#### Monday, August 2, 2021

1030am-11:30am—DVP Presentations, Castanet Room Wear your District colors

Noon-1:30pm—Cecilia Gaines Holland Luncheon, Mambo Room

6:00pm-7:00pm—Cash Bar

7pm-10pm—Woman of Achievement Dinner, Mambo Room

#### Tuesday, August 3, 2021

10am-11:30am—2020 and 2021 Honor Roll and Order of the Lily, Castanet Room





June 2021



Woman's Club of Denville/Rockaway Scholarship Fund Tea Party

You're invited to help support our scholarship fund by attending our home/garden afternoon tea party on August 29 from 2 to 4 PM.

Your donation will be \$25.

Please RSVP by August 10.

For further information and to RSVP

contact GFWCdenrock@gmail.com

Also, we are still seeking members willing to volunteer to join our Tea Party Committee and/or loan the Tea Party Committee metal teapots, silverware, folding table and chairs, tablecloths and napkins, etc. Please email me at <a href="mailto:foggypond@optonline.net">foggypond@optonline.net</a> or Patti if we can count on you. Thanks Lin Zrike



Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 11 of 20



June 2021

# Gold and Silver Jewelry Buy Back Fundraiser for Scholarships

Sponsored by The Woman's Club of Denville-Rockaway



Clean out your jewelry box and sell your old gold and silver jewelry for cash! Plus support the scholarship fund!

Tuesday, June 22 – Saturday, June 26, 2021 Bilori Jewelers – 23 Diamond

Spring Road, Denville, NJ
Telephone – 9

Telephone - 973 - 664 - 1995

Call Bill at Bilori Jewelers with questions and to schedule an appointment to have your jewelry appraised. Bilori Jewelers will purchase jewelry at the current price of gold or silver.

The Woman's Club of Denville-Rockaway will receive 10 percent of the profits for their annual scholarship fund which benefits

- 8<sup>th</sup> grade students at Valleyview, Copeland and Thomas Jefferson middle schools
- · Senior girls at Morris Knolls and Morris Hills high schools,
- Women enrolled in the LPN program at Morris County School of Technology.





Contact Fundraising Chair Patti Manton for more information - pmanton2301@gmail.com





June 2021

# Come Walk the Walk!

Sept. 18 - 25



# You are Invited to be an Active Member of our Fundraising Team!

#### Here's how it works:

Walk alone or put your own friendly group of walkers together.

- 1: Tell Lin you're volunteering! Email her about how much you want to walk, in a distance that can be measured blocks, laps, miles whatever works for you!
- 2: Tell your friends! Post on Facebook or Instagram, or email your friends! Ask them to sponsor you \$5 for every unit of distance you choose. Send them fun pictures of your walk!
- 3: Complete your walk!
- 4: Collect the sponsorships! Forward the checks to Lin.

GREAT. Let's go!

For more information, contact Lin at foggypond@optonline.net





### June 2021

### **Upcoming Events and Activities**

JUNE PICNIC SUNDAY JUNE 13<sup>TH</sup> – 12 noon to 2 PM (rain date June 27<sup>th</sup>)
HEDDEN COUNTY PARK, RANDOLPH, NJ HAWTHORNE STREET ENTRANCE

The Club will provide lunch - sub sandwiches and finger desserts.

Bring your own drink and a chair! Please RSVP to Janet to ensure we have enough food!

Directions: From Dover, take West Blackwell Street towards Harry Loory Furniture. Make left onto Prospect St. Continue up the hill, Prospect Street which will turn into Reservoir Avenue. You will see the Hedden County Park sign on your right at Hawthorne Street. Make the right on Hawthorne Street. Park in the 4th or 5th parking area on the left. There is a paved path between the two parking areas. Our tables are located off to the left about 15 feet on that path. You can see the tables from the top of the path. Hedden County Park, Reservoir Avenue may also be accessed from Route 10, Randolph. Bathrooms are available in the park in close proximity to where we will be located.

ANN'S EVENING BOOK DISCUSSION MONDAY JUNE 7<sup>th</sup> 7:00 PM (SEE PAGE 15)

LIN'S DAY BOOK DISCUSSION THURSDAY JUNE 17<sup>th</sup> 7:00 PM (SEE PAGE 15)

#### **UPCOMING FUNDRAISING EVENTS FOR JUNE, AUGUST AND SEPTEMBER**

(SEE PAGE 1 CALENDAR OF EVENTS AND PAGES 11, 12 and 13)

#### **CHARITY MILES** Attention Runners/Walkers/Bikers

You can make a difference while taking your regular walks, hikes, and bike rides, by logging onto <a href="mailto:charitymiles.org">charitymiles.org</a>. Using the app, your miles are matched by corporate sponsors to whom they contribute to the charity of your choice. Some of the charities are: Wounded Warriors, ASPCA, World Wildlife Federation, St. Jude's Hospital, Feeding America, Autism Speaks, and the Susan B. Komen Foundation.

There is no monetary contribution on your part. Just enroll, use your Fit Bit or a smart phone app to keep track of your miles, and there you go - you've done a good thing for your favorite charity.

Although our Club won't be recommending a particular charity, I'd appreciate your reporting to me, on a quarterly basis, the charity to which you've contributed, for a Project Report. Thanks in advance! Janice Blinder

Don't forget dates listed in the GFWC Federation News Corner (pg. 9) as well in Calendar of Events (pg. 1)





June 2021



# Sunshine Corner

We wish Eileen Soliman A.S.A.P recovery from her knee replacement surgery.



Flo Lucchesi - June 9th Eileen Soliman- June 10th Debbie Duch- June 13th

#### May Birthday Month Get Together



(L-R Eva C.ervenka, Ann Weissenburger. & Susan Klecsynski.)

Eva, Ann and I celebrated our May Birthdays with an outdoor picnic lunch on the lawn by the White Meadow Lake Clubhouse. It was a beautiful day and great to get together to socialize in person. Susan K.

### ~~~ Birthday Month Get Togethers ~~~

If your birthday falls in June feel free to share your birthday in whatever way you feel safe and comfortable with.



Newsletter Editor, Ruth Gimbel; email: rgbutterfly777@gmail.com Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 15 of 20



June 2021



Welcome to all and may you all stay safe and well,

To you and yours.



#### AFTERNOON BOOK CLUB

Lin Zrike is setting up a Book Club meeting on June 17<sup>th</sup> Thursday 2:00 PM on Lin's deck to discuss the book "Lost Roses" by Martha Hall Kelly

Contact Lin Z. at 973-586-7803 or foggypond@optonline.net

#### **EVENING BOOK DISCUSSION**

Ann W. and Susan K. setting up Virtual Book Club Meeting on Zoom. June 7<sup>th</sup> Monday 7:00 PM (rescheduled) "Friends and Strangers" by J. Courtney Sullivan Contact: Ann W. at 973-627-2509 or

aweissenburger@yahoo.com







### June 2021

## \*\* Ongoing Club Collections \*\*

All items can be brought to our meetings and given to the person collecting them
(Once we can resume regular meetings).

All drop-offs should be checked with COVID-19 policies

\*Aluminum Tabs — Susan Kleczynski. From beer and soda cans for Ronald McDonald House, a nonprofit family & children's charity dedicated to supporting families with sick children in their time of need.

\*Inkjet/toner cartridges – Joan Bowling. Don't forget that we continue to collect used inkjet and toner cartridges. Thanks to Joan, many are sent back to be recycled for cash back. She deals with three companies and gets prepaid shipping labels from them. The club has drop offs locations at Provident Bank, Investors Bank, & SmartWorld coffee.

\*Eyeglasses – Joan Bowling. - They go to Eyes for the Needy and the Lion's Club. If Joan has a big load of eyeglasses she contacts a person in Rockaway who takes them to Millburn to Eyes for the Needy.

\*Cell phone collections – Joan Bowling. This is a good moneymaker. Joan gets prepaid shipping labels and sends the phones to a company who sends our club a check.

\*Collecting of Greeting Card - Joan Bowling. Joan is collecting the fronts of greeting cards.

\*Coupon Flyers – Joan Bowling. Only coupons that have NOT expired. These are given to Social Services in Denville.

\*Birthday Bags – Joanne Chiaravalloti. The Birthday bag items consist of cake mixes, frosting, small birthday design plates and napkins, candles and a birthday gift bag. Joanne puts them together and they are given to Social Services in Rockaway and Denville.

\*Small Toiletries – Nancy Levy. These items, small and trial size, are needed for the care bags that are given to social services and other local organizations. They include: shampoo, soap, toothbrush, toothpaste, deodorant and lotion.

\*Old T-Shirts — Joan Knapp. The softer the better! The shirts are donated to the 'Hats for Happiness' project at Morristown Memorial Hospital. They are cut and sewn into beautiful hats for cancer patients.



Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 17 of 20



### June 2021

## Woman's Club of Boonton collecting sneakers

The Woman's Club of Boonton is continuing to collect new and gently used sneakers, through June 30. All sneakers collected from this sneaker drive collection fundraiser will support people in need or are repurposed into new surfaces such as playgrounds and tracks. Help keep your sneakers out of landfills and support the woman's club efforts to raise funds for community service projects. Sneakers only may be dropped off at the Boonton Coffee Co, located at 516 Main Street, Boonton.

Janice Blinder

#### **Bike Collections at the Denville DPW**

I've been aware of the corralled area at Denville's DPW (off Morris Ave.) which seems filled with bikes, for some time now. Finding myself with five bicycles in need of a home, I contacted the DPW, and it's been arranged the bikes will be picked up and transported to the DPW. The bikes are worked on, and donated to Pedals for Progress.

Mission: The mission of Pedals for Progress is to: 1. enhance the productivity of low-income workers overseas where reliable, environmentally sound transportation is scarce, by supplying reconditioned bicycles; 2. promote self-sustaining bicycle repair facilities [overseas], employing local people;

- 3. provide leadership...throughout North America for the recycling of bicycles, parts, and accessories;
- 4. reduce the volume of bicycles, parts, and accessories flowing to U.S. landfills;
- 5. foster environmentally sound transportation policies that encourage widespread use of bicycles worldwide; and 6. foster in the North American public an understanding of, and a channel for, responding to the transportation needs of the poor in developing countries.

Geographic areas served: world wide

Janice Blinder



Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 18 of 20



### June 2021

### **Hazardous Waste Drop-Off**

I wish to thank Janice Blinder for this information. May 22<sup>nd</sup> we visited MCMUA to dispose of our hazardous waste and found their operation very well organized.

The Morris County Municipal Utilities Authority has three remaining dates for collection of Household Hazardous Waste Disposal Days in 2021 for residents.

- Saturday, June 26, 9 a.m. 2 p.m. at Morris County Public Safety Training Academy
- Saturday, September 25, 9 a.m. 2 p.m. at Morris County Public Safety Training Academy
- Saturday, October 23, 9 a.m. 2 p.m., at Chatham High School 255 Lafayette Ave., Chatham

Acceptable materials include pesticides, herbicides, fertilizers, oil-based paints, stains, paint thinners and removers, solvents, automotive fluids, lead acid and rechargeable batteries, pool chemicals, and darkroom chemicals.

Also accepted are aerosol cans (not empty), propane cylinders, small quantities of asbestos (wetted, double bagged and sealed with duct tape to a 100 pound limit), driveway sealant, roofing tar, fluorescent bulbs, PCB-ballasts, mercury thermometers and switches, household cleaning products, muriatic acid.

**Latex paint** is NOT accepted because it is not considered hazardous. Latex paint should be dried out and disposed of in the trash. Pour sand or kitty litter in the cans of Latex to dry the paint. Acrylic paint is considered latex.

Explosive or highly reactive materials, such as picric acid or nitro compounds, will not be accepted.

Drop off events are scheduled for:

Due to COVID-19 restrictions, MCMUA is requesting that patrons **store all materials in the trunk**, cargo area, or bed of the vehicle for easy access by the MUA's contractor, whose team will remove it from the vehicle. All participants dropping off household hazardous materials must **wear face coverings**, keep their vehicle windows closed, and **stay in their vehicles** for the duration of the event.

Please plan your visit accordingly. Janice Blinder Thank you Janice. Very important info. Ruth G.



Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 19 of 20



### June 2021

### Rockaway & Denville Township Public Libraries Update June 2021

Though Gov. Murphy decrees that Libraries, in New Jersey, can open, policies may vary with each library. So still I suggest checking the websites to see what the library policies are.

Rockaway Township Library: http://www.rtlibrary.org Tel: 973-627-2344

**Rockaway Borough Library Facebook** 

https://www.facebook.com/pages/category/Library/Rockaway-Borough-Public-Library-

**117410801674019/** Tel: 973-627-5709

Denville Library Escapsok http://www.denvillelibrary.org Tel: 973-627-6555

Denville Library Facebook <a href="https://www.facebook.com/denvillelibrary/">https://www.facebook.com/denvillelibrary/</a>.

Both Denville and Rockaway Township continue to have virtual programs. Check out their websites for what these wonderful libraries continue to offer and to register for these virtual programs.

Ann Weissenburger

Check out this new <u>complementary</u> digital media service offered by Denville and Rockaway Libraries. Requires your library card. Download the App. "Hoopla"

VIRTUAL PROGRAMS AT DENVILLE PUBLIC LIBRARY- CHECK OUT LIBRARIES' WEBSITES FOR MORE.

CAROUSELS: THEN AND NOW - VIRTUAL JUN 2<sup>ND</sup> 7:00 PM - 8:00 PM



What is the state of carousel production today? This presentation will take you from the earliest days of carousels until the present and attempt to answer these questions and more. Amateur photographer, art history enthusiast, and avid researcher, Mario Medici will take you on this fascinating journey.

BASIC GENEALOGY - VIRTUAL JUN 7<sup>TH</sup> 7:00 PM - 8:00 PM



This program, Basic Genealogy will help guide you into your family history journey. Starting a family tree, understanding your DNA matches, researching your family and understanding cousin relationships will be some of the great information you will receive.



Please e-mail newsletter articles to Ruth G. rgbutterfly777@gmail.com 3 days before end of month





The Club is a publication of the Woman's Club of the Denville-Rockaway Area, Highlands District c/o: GFWCdenrock@gmail.com

President: Janet Walker, 973-625-4469; jwalker0018@optimum.net

Newsletter Editor, Ruth Gimbel; email: rgbutterfly777@gmail.com Website: https://gfwcdenrock.wixsite.com/denville-rockaway Page 20 of 20